



# Foston C of E Primary School

1<sup>st</sup> May 2026



## **Road Safety & Parking**

At the end of the school day, collection can be an extremely busy time. Please can parents/families be extra vigilant during this time to ensure the children are safe and there are no accidents. Parents can also use High Street to park to ease congestion outside the school. Please can we ask that parents don't park on the bend outside school, as this can cause challenges for passing cars and obstruct their views. Thank you for your support.

## **Wrap Around Clubs**

We would just like to remind parents that wherever possible they book their children into our wrap around clubs, as we have to make sure that we are within ratios for numbers of children and adults. We understand that some things can happen that cannot be helped, however we want to remind all parents of our 'collecting children from school policy' that says children will be taken to wrap around club after 5 minutes from the end of the school day and will be charged accordingly. As you will understand our teachers often have training/meetings after school and it is not possible for them to keep children beyond 5 minutes after the end of the school day, again we understand that things can happen occasionally, but we want to remind you that children will be taken to wrap around club 5 minutes after the end of the school day. Thank you all for your understanding and support with this.

## **Sad Goodbyes**

After many years working at Foston School and in EYFS/KS1 at Stillington primary school, we say a sad farewell to Miss Allwood, who will be leaving NYRS Federation at the end of the academic year.

During her time with us, Miss Allwood has made a lasting contribution to the school community. Her commitment to pupils, colleagues and enthusiasm for her role has been greatly valued by all who have had the pleasure of working with them.

Miss Allwood will be moving on to pursue new opportunities and while we are sad to see her go, we are excited for what lies ahead in her next chapter. We would like to say a huge thank you to Miss Allwood and wish her every success for the future.

## **Helpful information**

**What should I do if I am worried about a child?**

**How to report your safety concerns**

If you believe that a child is immediate danger from significant harm, dial 999 to report it to the Police.

**How do I make a referral?**

Referrals can be made via the universal referral form or following an Early Help Assessment. Both can be located on North Yorkshire Safeguarding

Children Partnership website:

<https://www.safeguardingchildren.co.uk/professionals/forms-and-tools/>

Urgent referrals can be made via telephone to the Customer Resolution Centre on 0300 131 2 131.

or alternatively call the NSPCC Helpline: 0808 800 5000 or email: [help@NSPCC.org.uk](mailto:help@NSPCC.org.uk)



Foston Church of England VC  
Primary School



Langton Primary School



Stillington Community  
Primary School



Terrington Church of England  
VA Primary School



**Class 1**

Another fantastic week in Class 1 enjoying the sunshine! This week the children really enjoyed their balance bike session on Monday. It was passed by our visitor on how brilliant the children's behaviour was. Well done class 1!



**Class 2**

In Science this term we are looking at 'How does your garden grow?' and this week we explored our local environment for common flowers and plants. The children could easily name parts of the plants. In history we have been taking on the role of Florence Nightingale and exploring what she did to help develop and improve nursing.



**Class 3**

We had an amazing time at York Castle Museum last week. This week, we have started our investigation into which requirement for plant growth is the most important. We decided to change the temperature for one plant, remove light for another, and take away water for the last. We are looking forward to seeing the results of our investigation after the weekend. We have also been experimenting with using lines to show movement in our artwork.



**Class 4**

Our children had a great time at York Castle Museum this week. We explored Victorian streets and learnt about the lives of people and soldiers in World War I.





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## Year 6- Bikeability at Foston School

On Friday 15th May and Monday 18th May we will be offering a 2 day Bikeability course to all year 6 pupils. This will be taking place at **Foston school** where the children will be learning bike maintenance and bike safety on the roads.

To take part:

- Your child needs to be able to ride a bike confidently.
- Your child needs to have a bike and helmet.
- You will need to be able to drop off and pick up your child with their bike and helmet on both days.
- It may be possible to leave bikes and helmets in school over the weekend, however, please be aware that this is at your own risk.

To cover the cost of the course there is a voluntary contribution of £18 per child which will be added to Arbor.

On both course days please **come to school wearing PE kit** and bring your child's bike and helmet into school.

During these 2 days, your child can have a school dinner as normal, or they can bring a packed lunch from home.

For more information, see the attached letter and click the link or scan the QR code to give consent and book your child's place.



Foston CoE Voluntary  
Controlled  
Primary-York



### **“Bikeability” National Standard Cycling Courses**

Dear Parent / Guardian,

The Bikeability National Standard Cycling course will be running in your school in the next few weeks. We hope that you will encourage your child to take part and help them to practise their basic cycling skills before the course starts.

Bikeability is a practical cycling course consisting of;

Bikeability Level 1 - training and fun challenges in the playground

In Level 1 riders will be trained and assessed in the following areas;

Equipment, helmet and bike check, cycling control skills including starting/stopping, manoeuvring at different speeds, avoiding obstacles, looking behind, signalling left and right without wobbling and correct use of gears.

If a rider successfully meets all Level 1 standards they can progress to Bikeability Level 2.

Bikeability Level 2 – training on local roads

Level 2 is more advanced. Riders will be trained and assessed in the following areas;

Starting and stopping an on-road journey, safe U-turns, passing parked cars/overtaking, passing junctions, road and traffic awareness, road positioning, priorities, left and right turns from major and minor roads, decision making, road signs and markings and a highway code test.

For your child to take part they must have :

A ROAD WORTHY BIKE of the correct size for the rider. Mountain bikes and hybrids are great for the course.

BMX and other types of bikes/trikes are fine too as long as they are road worthy and your child can ride with control.

Your child will not be allowed to take part if their bike is considered unsafe.

The bike must have 2 efficient working brakes and a seat. Please remove stunt pegs.

You can arrange to borrow a bike in advance of the course from friends or neighbours.

For further information see the Bikeability website or local bike shop for advice on bike repairs.

A CYCLE HELMET. Helmets should be undamaged and well fitting, with correctly adjusted straps.

Helmets should meet manufacturing standards:-EN 1078 or SNELL B 95 or equivalent (Check labels inside).

Damaged helmets, full face motorbike style helmets or helmets used for other sporting activities are not acceptable for use on the course.

THE ABILITY TO RIDE A BIKE AND A REASONABLE LEVEL OF FITNESS.

Riders need to be able to cycle and balance properly to take part.

If your child is unsteady on their bike, it would be very helpful to them (and us) if you would give them some opportunities to practice their basic cycling/balance skills before the course starts.

This is a practical cycling course and your child may find it physically challenging if they are not used to cycling or have any medical conditions which may be affected by physical exercise.

OUTDOOR CLOTHING SUITABLE FOR CYCLING, depending on the weather and the time of year.

Comfortable, layered clothing, sensible footwear, coat, waterproofs, sun cream, water, medications, drinks bottle. Gloves are highly recommended. A tight fitting beanie style hat or baseball cap with a peak may be worn underneath cycle helmets. An extra change of clothing should be brought to school in case we get wet.

Please scan the Bikeability QR code provided by your school and complete the online consent for your child. Your school will provide you with course dates and availability.

Further course information and Bike/helmet checks can be found on the Bikeability website. [www.Bikeability.org.uk](http://www.Bikeability.org.uk)

Yours faithfully

Ashley King, North Yorkshire Road Safety Team



Dear Parent/Carer

### **Use of Sunscreens Procedure - Sun Safety on Site**

We are concerned about protecting staff and children from sunburn and from skin damage that can be caused by the harmful ultra-violet rays in sunlight. Skin cancer is the most common form of cancer in the country. As sunburn and almost all skin cancers are caused by the sun, it is possible to prevent this happening. We believe that by encouraging sun safe behaviour on site and teaching children about the risks of sunlight, we can prevent them burning and contribute towards preventing skin cancer.

We would like your help and support in this matter. We will be encouraging children to avoid sunburn and overexposure to the sun by:

- **seeking the shade, particularly during the middle of the day**
- **wearing suitable hats**
- **wearing clothing that protects the skin, particularly for outdoor activities and trips**
- **using a high factor sunscreen (SPF 30+ with at least 4-star UVA protection).**

Staff will be encouraged to set an example. Some children are at greater risk of sunburn than others. For example, fair skinned, freckled children who burn easily are most at risk from overexposure to the sun and need to take great care when out in the sun. Staff on outdoor duties or in charge of outings will remind those most at risk of burning to cover up in the sun and use sunscreen.

You can help by encouraging your child to bring, and wear, a hat, particularly on sports days and trips and visits. Also by encouraging your child to wear longer sleeved shirts and longer shorts when outdoors. We will remind parents of the sun safety policy from time to time, particularly around the start of the summer term, sports days, and outings.

Sunscreens provide added protection and may be useful when other measures are not available. Dermatologists recommend that a sunscreen with a high sun protection factor (SPF).

We encourage parents to provide sunscreen for this purpose. We also wish to encourage children to protect themselves from the sun. One way of doing this is to use sunscreen at the appropriate time. If a child is to use sunscreen on site, parents are asked to:

1. Provide the sunscreen product for school use. The sunscreen must be:
  - a) Clearly marked with the child's name.
  - b) Replenished by the parent as needed.
2. The sunscreen product will be stored in the child's bag or other location designated by the site.
3. The child must be able to apply his or her own sunscreen (except Nursery and Reception children).
4. For Nursery and Reception parents: They are asked to apply sunscreen at home before a typical day, this will be reapplied as necessary by staff.

If it is considered necessary for staff to assist with the application of sunscreen, the sunscreen will only be applied to face, neck, arms, hands and lower legs. Parents are asked to provide written instruction to staff for their child's individual needs.

The NYRS Federation would ask that you complete the Sunscreen Parental consent form on Arbor so that we have a record of your support for the sun safety procedure and your wishes with regard to sunscreen use by your child/ren. Please note that the use of aerosol sprays are not permitted.



## DIARY DATES

Event	Date	Key Points
Stay and Play	Mondays 12th January onwards	<ul style="list-style-type: none"> <li>• Every Monday in term time 1-30pm-3.00pm</li> <li>• For children aged between 2-4 years.</li> </ul>
May Bank Holiday	Last day of school Friday 1st May 2026  First day back Tuesday 5th May 2026	<ul style="list-style-type: none"> <li>•</li> </ul>
Bikeability Foston Y6	Friday 15 <sup>th</sup> May 2026  Monday 18 <sup>th</sup> May 2026	<ul style="list-style-type: none"> <li>• Voluntary Contribution £18.00</li> </ul>
Celebration Assembly	Tuesday 19 <sup>th</sup> May 2026	<ul style="list-style-type: none"> <li>• Village Hall 9.10am</li> </ul>
May Half Term	Last day of school Friday 22nd May 2026  First day back Monday 1st June 2026	<ul style="list-style-type: none"> <li>•</li> </ul>
Cross country & Rounders Malton Sports Centre	Wednesday 29 <sup>th</sup> May 2026	<ul style="list-style-type: none"> <li>• PE Kits</li> <li>• Water Bottle</li> </ul>
Bewerly Park KS2	Monday 1st June— Wednesday 3rd June	<ul style="list-style-type: none"> <li>• Payments to be made before 15th May.</li> </ul>

### Contact Details :-

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Executive Head : Mrs S Moore

Headteacher : Miss K Stringer

Located 2 miles/5mins from A64 easy access

