

FOSTON PRIMARY SCHOOL BULLETIN

Class 1

This half term in Nursery and Reception our focus is in 'Growing'. We will be exploring life cycles of humans, animals and plants as well as having a go at planting our own seeds learning what a plant needs in order to grow and the seasonal change to Spring. In Expressive Arts and Design, we will be looking at mixing colours to paint and painting using watercolours to complete observational paintings of plants. In PSED we will be exploring healthy lifestyles and the importance of sleep, washing hands, drinking water and eating healthily. In R.E. we are learning how Christians celebrate Easter and how Easter is celebrated around the world.

Class 2

Welcome back! We hope that you all had a lovely half term despite the often wet and chilly weather! This half term our theme is Our School Community, here is a brief outline of what will be covered in our foundation subjects-please contact any of the KS1 team if you have any questions.

Science: We are carrying on our topic of materials. The children have learnt about materials and their properties. We are now exploring different scientists and creating investigations.

History: We are learning all about schools in the past, specifically Victorian schools.

Geography: We are carrying on our topic of Brazil. The children have recalled lots of key facts about Brazil so far.

Computing: We are carrying on our topic of algorithms and debugging by using scratch software.

Art: Developing our skills in drawing to achieve different techniques. Taking part in an observational drawing piece.

Music: We are learning how to compose and will be creating music linked to the rainforest.

PSHE: How do we keep ourselves healthy both physically and emotionally?

French: After exploring which countries speak French we will focus on identifying famous landmarks in Paris.

RE: Exploring objects which are special to Muslims then finding out about Ramadan, a special celebration for Muslims. We will look at how and why Muslims mark this special occasion and reflect on similarities and differences to how other religions celebrate key moments.

PE: We are exploring different techniques needed to play tennis.

In PSHE, the children shared a story together which featured different emotions. They worked in groups to role play how to help ourselves to feel calm in tricky situations. Some ideas that they came up with were counting to 10, deep breathing, hugging a teddy, singing a song or even acting out taking our cross feelings out and reaching for happy feelings. Well done Class 2!

In Geography this term we have been learning all about Brazil. Next week we will be making a rainforest. Please could we ask if you have any spare:

-jam jars or bottles

-soil

-stones

-plants

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Class 3 & 4

Welcome back! It has been so lovely to see the children back in school and ready to learn. They have returned with such positive attitudes, and we have already made a fantastic start to our new topic, 'Where Are All the People?' These are our topics for this half term.

English: In LKS2, we are exploring Rumble Star as our class text. The children will be writing an information text all about the Drizzle Hags and then creating their own exciting narrative inspired by the story. In UKS2, our class text is The London Eye Mystery, children will be writing a diary and a police report based on the text.

Maths: In LKS2, we are starting with fractions then later in the half term we will move on to mass and weight. In UKS2, we are learning about percentages, decimals and fractions.

Science: Our new topic is Rocks. In UKS2 we are learning about evolution and inheritance. In LKS2, we learning about rocks and fossils.

History: We are continuing our learning about Ancient Greece, thinking carefully about how democracy worked then and how it compares to democracy today.

Geography: In the second half of term, we will explore population around the world, looking at where people live and why.

Computing: We are learning to program a Micro:bit, creating simple animations and evaluating the programs we design.

PSHE: Our focus is healthy lifestyles. We will be learning about keeping our bodies healthy through diet and exercise, as well as the importance of good hygiene, including brushing our teeth. We are also very lucky to have a visit from the dentist!

RE: We will be exploring the idea of 'green religion', thinking about climate change and how this can influence people's beliefs.

Art: This half term we are getting creative with collage. The children will experiment with a range of materials before producing a detailed portrait using mosaic techniques.

Music: Our topic is 'Rhythms of Our People'. We will continue using percussion instruments and explore how different rhythms can change the mood of a piece of music.

French: In 'Visiting a Town in France', we will learn new vocabulary and enjoy role-play activities as if we were in a French town.

PE: This half term we are focusing on dance and badminton. In dance, we will explore styles from around the world. In badminton, we will learn the rules of the game and develop our skills and techniques.

Parents' Evening Bookings

Our parents' evenings will take place on Tuesday 17th March from 5-7pm and Thursday 19th March from 3.30-5.40pm. Appointments for parents' evening will be made bookable through Arbor this time. We hope this method is easier for parents and there will be more information when they are released.

If you are a split family and not on Arbor and would like a meeting either email the office or let a member of staff know the preferred time /date and I will book you in.

The bookings will be available on Friday 27th February .

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PSHE – Keeping ourselves healthy.

This half term in PSHE, pupils across school will be learning about how to keep their bodies and minds healthy.

In Years 1 and 2, children will focus on healthy routines such as sleep and rest, dental care and visiting the dentist, and how medicines (including vaccinations) help keep us well. They will also explore feelings — how to share them, manage big emotions, and know when to ask for help.

In Years 3 and 4, learning will build on this by looking at what makes a balanced lifestyle, recognising early signs of common illness, and understanding how to maintain good oral hygiene and dental health.

In Years 5 and 6, children will develop their understanding further by exploring the importance of sleep, the benefits of being outdoors, how to stay safe in the sun, how medicines and allergies are managed, how vaccinations prevent some diseases, and how hygiene helps prevent the spread of bacteria and viruses.

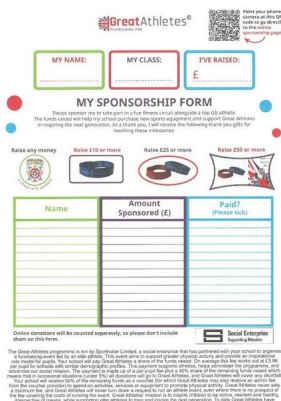
All content is delivered in an age-appropriate and supportive way to help children make informed, healthy choices.

Tuesday Sports club

We are pleased to share that Total sports will be returning to Foston on a Tuesday for after school from 3:30-4:30pm starting 3rd March. The theme of the club is racket sports. If you would like your child to attend, please book a place via Arbor.

Sports Enhancement Day

We are excited to announce that we will be visited by Paralympic Athlete Roy Turnham! All children will be bringing home a sponsor form today. Please only input TERRINGTON Primary School when using the online sponsor page via the QR code otherwise you will not be able to find the event.



The form includes a QR code for scanning, fields for 'MY NAME:', 'MY CLASS:', and 'I'VE RAISED:'. Below these are icons for different donation methods: 'Raise any money', 'Raise £10 or more', 'Raise £25 or more', and 'Raise £50 or more'. A table with columns for 'Name', 'Amount Sponsored (£)', and 'Paid?' (Please tick) is provided for recording donations. A 'Social Enterprise' logo is also present.

Harton Benefice

Rachael Tearney (Youth and Families Worker at Harton Benefice) is looking to hear from parents and older children (year 6 or even older siblings who have now moved up to secondary school) who might like to read or take part in their Passion of Christ Play. She is particularly in need of narrators and people happy to read small parts. If you or your child/children are interested, please see the information on the attached poster.

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PE Kit

Please can we remind families to make sure that children have the correct PE kit in school ready for the sessions each week.

- ✓ White t-shirt
- ✓ Black shorts / jogging bottoms
- ✓ Trainers
- ✓ Black jumper/hoodie

PE kits will be left in school each week for pupils to get changed into for their PE session.

The Mount School York Open Day, Saturday 7 March, 10am- 1pm

Interested families can book here: <https://www.mountschoolyork.co.uk/admissions/open-events/march-open-day-2026/>
The Mount School York: First Choice for Academic Success, Vibrant Co-Curriculars and Happy Pupils

Come and see firsthand what makes The Mount so special, tour our leafy acres with current pupils and meet staff. See our brand-new custom-built dance studio.

The Good Schools Guide sums up The Mount School York, best: "A place of calm compassion in the heart of the city." A happy school, pupils strive for personal excellence and make a positive contribution to their changing world.

With the highest A Level results in York, The Mount was proudly ranked in The Sunday Times' Top Ten Independent Schools (North) for Academic Excellence 2025.

The co-educational Prep School sparks children's natural curiosity, while the all-girls' Senior School and Sixth Form empower teenage girls to thrive. Founded in 1785, The Mount remains at the forefront of girls' education.

New Head Anna Wilby, who has been with us for a year, says, "In an all-girls' setting, pupils feel more comfortable speaking up, trying new things and pushing themselves academically, especially in subjects where girls are still underrepresented nationally like Physics, Computer Science and Economics. At The Mount there is no pressure to hold back, no fear of judgement, just space to grow. Our teaching is tailored to how girls learn best, encouraging not only knowledge but independence and self-belief.

We also believe in nurturing skills for the future: critical thinking, creativity, collaboration, digital literacy and emotional intelligence; the keys to unlocking opportunity in a world that is global, fast-paced and constantly evolving."

To align with these STEM aims, Anna recently appointed AI expert, Dr Beth Lane, to lead Computer Science at The Mount. She has previously taught Computing, in all-girls' independent schools in London, alongside running her own digital enterprise, The Institute of AI Education.

The Mount provides a compassionate ethos where pupils are instilled with confidence in their own voice and empowered to become ambitious, questioning global citizens driven by conscience.

Ask a Year 8: "The Mount empowers you to be your best!"

Open Day: Saturday 7 March 2026, 10am – 1pm. Please book here: <https://www.mountschoolyork.co.uk/admissions/open-events/march-open-day-2026/>

Or contact Admissions on (+44) 01904 667500 or email: admissions@mountschoolyork.co.uk

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Diary Dates

Event	Date	Key Points
Stay and Play	Mondays 12th January onwards	<ul style="list-style-type: none"> • Every Monday in term time 1-30pm-3.00pm • For children aged between 2-4 years.
Dodgeball KS1 Malton Sports Centre	Wednesday 4th March 2026	<ul style="list-style-type: none"> • Consents required please check Arbor. • PE Kits and named water bottle.
World Book Day	Thursday 5th March 2026	<ul style="list-style-type: none"> • Come to school dressed as your favourite book character
Sports Enhancement Day	Friday 13th March	<ul style="list-style-type: none"> • Fun activities for the day • PE Kits and named water bottle. • Sponsorship Forms sent out on Fri 27th Feb.
Parents' Evening	Tuesday 17th March Thursday 19th March	<ul style="list-style-type: none"> • 17.00 until 19.00. • 15.30 until 17.30. • Book appointments on Arbor
Celebration Assembly	Tuesday 24th March 2026	<ul style="list-style-type: none"> • 9.15am Village Hall.
Easter Service KS2 (Y3-6)	Wednesday 25th March 2026	<ul style="list-style-type: none"> • 9.30am-10.30am All Saints Church (Foston)
Easter Service EYFS/KS1	Wednesday 25th March 2026	<ul style="list-style-type: none"> • 2.30pm-3.30pm Methodist Church (Thornton le Clay)
Easter	Last day at school Friday 27th March 2026 First day back Tuesday 14th April 2026	
Basketball, Handball, Netball KS2 Malton Sports Centre	Wednesday 15th April	<ul style="list-style-type: none"> • Consents required please check Arbor. • PE Kits and named water bottle.
Quick Rounders & Cross Country KS2 Malton Sports Centre	Wednesday 29th April	<ul style="list-style-type: none"> • Consents required please check Arbor. • PE Kits and named water bottle.

Helpful information

What should I do if I am worried about a child?

How to report your safety concerns

If you believe that a child is in immediate danger from significant harm, dial 999 to report it to the Police.

How do I make a referral?

Referrals can be made via the universal referral form or following an Early Help Assessment. Both can be located on North Yorkshire Safeguarding Children Partnership website:

<https://www.safeguardingchildren.co.uk/professionals/forms-and-tools/>

Urgent referrals can be made via telephone to the Customer Resolution Centre on 0300 131 2 131.

or alternatively call the NSPCC Helpline: 0808 800 5000 or email: help@NSPCC.org.uk

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Executive Head : Mrs S Moore Headteacher : Miss K Stringer

